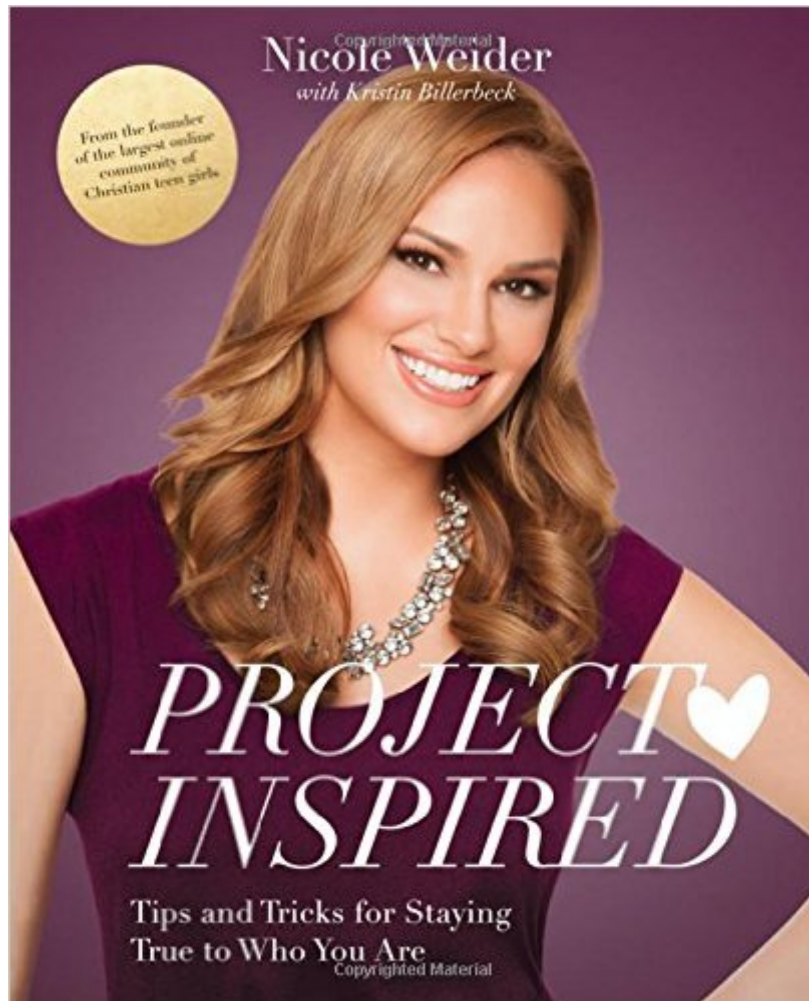


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# Project Inspired: Tips And Tricks For Staying True To Who You Are



## Synopsis

Nicole Weider is on a mission: to help young girls avoid the traps that culture sets. The trap that baits you into thinking you must sacrifice your self-worth in order to be beautiful and popular. Nicole launched Project Inspired in 2010 ([www.projectinspired.com](http://www.projectinspired.com)), a website for teen girls that analyzes pop culture and explores ways girls can live in their authentic beauty. In Project Inspired, Nicole shares tips for you to stay true to yourselfâ”to how you were created to beâ”as well as how to dress modestly yet fashionably, how to make a positive difference in the world, and how to enjoy your teen years while standing firm in your faith. With photographs, real behind-the-scenes stories from inside the fashion world, and an honest look at living a life that looks great on the outside and feels great on the inside, Project Inspired is a book youâ”™ll turn to time and time again.

## Book Information

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## Customer Reviews

I LOVE THIS BOOK. It is truly inspiring. Ever since I was a little young, I have had some struggles with confidence and my overall self so this is just proves that you have to teach young women from young age to be truly to themselves and not worry the world and what its standards are. The images that Nicole & Kristin provided are incredible, I am glad that they decided to come out with truth and actually show that fashion world is not all blitz & glam. Incredible read, should be a part of every girl's life!

I no sooner pulled this book out of the packaging and my daughter had it in her hands and devoured it in twenty-four hours. So I thought why not let her review it, someone who the book is geared

toward? I decided to do it in an interview format. This the opinion of a thirteen-year-old girl. What would tell your friends this book is about? Beauty and Jesus. What is your favorite part of the book? The chapters True Beauty and Your Wardrobe Essentials and Defining Your Look and Must-Have Accessories. What was your least favorite part of the book? It was all good :) Would you recommend this book to your friends? Definitely. Why did you like this book so much? Because I'm very much into beauty, fashion and Jesus. Her answers are short but I can tell you so loved the book and went on about it, showing me different things and then looking up Nicole's website. Anything that draws my daughter closer to Jesus I am all about :) A copy of this book was given to be in exchange for an honest review.

About the Book: Nicole Weider is on a mission: to help young girls avoid the traps that culture sets. The trap that baits you into thinking you must sacrifice your self-worth in order to be beautiful and popular. Nicole launched Project Inspired in 2010 ([www.projectinspired.com](http://www.projectinspired.com)), a website for teen girls that analyzes pop culture and explores ways girls can live in their authentic beauty. In Project Inspired, Nicole shares tips for you to stay true to yourself--to how you were created to be--as well as how to dress modestly yet fashionably, how to make a positive difference in the world, and how to enjoy your teen years while standing firm in your faith. With photographs, real behind-the-scenes stories from inside the fashion world, and an honest look at living a life that looks great on the outside and feels great on the inside, Project Inspired is a book you'll turn to time and time again.

My Review: Nicole Weider explains how when she finally achieved her status as a model. This being her ultimate dream, you would think that would of caused a huge adrenaline rush for her that never went away. But, not so fast. She quickly learned that the only one and the only thing that could satisfy that need in her was God. The author has turned her life in a different direction, one pointing straight up to God, Himself. She has taken her know how and started a great website for young girls to better themselves overall. And now she presents us with a book full of her beauty secrets. I really enjoyed using the book but I think my 18 year old daughter enjoyed it more. There is even an Inspired Style Quiz where you can assess your signature style. I was classic my daughter was edgy. We had a lot of fun looking through and reading the author's tips. We were even happy to find out that we use some of her suggested beauty products already. **\*\*Disclosure\*\*** This book was sent to me free of charge for my honest review through my participation on the Z Blog Squad.

This book is about Nicole's life growing up and her desire to be a model as well as how she achieved that goal. It is also about the reasons that did not bring her satisfaction, and how she

turned to Jesus in the midst of her depression and downward spiral. After recognizing that her true identity could only be found in Jesus, her goal is now to be a role model for girls who are searching for the same recognition she was looking for. It starts out with her personal story, and then moves on to tips she offers girls. Tips such as wardrobe essentials, modesty tips - how to determine a good length for a dress. She talks about the pressure girls (and even women) feel to compare themselves with airbrushed pictures of models that are practically unachievable. Nicole worked in a clothing store in the mall, and for a while thought it was really cool, until she became aware of the subtle "sex sells" and the lies it offers teenagers as they try to measure up. Nicole offers tips on body shape and styles to suit your own type, beauty and skincare tip. But Nicole doesn't keep her tips to outward beauty alone. She also addresses inner beauty, spiritual gifts, roadblocks, and friendships both good and bad. Music, now that's a topic for conversation, and Nicole is not afraid to talk about it. What kind of music should our teens be listening to? How to choose a husband? What kind of guy to date or avoid? Sex before marriage? This book has something to say about all of it, from a godly perspective. It encourages our daughters to guard their minds and bodies. I would say this book is worth investing in. It has beautifully colored pictures, exclusive tips, Bible verses, and so much more. It's a book I would want my daughters to have. Nicole also has a website for girls where they can share their hearts and ask questions. I've read some great articles there. I received this book from iconmediagroup in exchange for my honest opinion. No other compensation was provided and all opinions are my own.

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